













Arthur F. Turner
Community Library
YOLO COUNTY
LIBRARY

March 2019 Adult & Teen Programs

1212 Merkley Avenue, West Sacramento, CA 95691

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>FREE ADMISSION TO ALL PROGRAMS</p>	<p>Women's History Month</p> 				<p>*Please refer to reverse side for program descriptions.</p>	<p>1 10am-11am: English Conversation Group</p>	<p>2 9am-1pm: VITA</p>
<p>3 1:30pm-5pm: VITA 2pm-4pm: Sunday Movie Matinee for Adults</p>	<p>4</p> 	<p>5</p>	<p>6 4pm-5pm: English Conversation Group</p>	<p>7</p>	<p>8 10am-11am: English Conversation Group</p>	<p>9 9am-1pm: VITA</p> 	
<p>10 1:30pm-5pm: VITA</p> 	<p>11</p>	<p>12</p> 	<p>13 4pm-5pm: English Conversation Group</p>	<p>14</p>	<p>15 10am-11am: English Conversation Group</p>	<p>16 9am-1pm: VITA</p>	
<p>17 1:30pm-5pm: VITA</p> 	<p>18</p>	<p>19</p>	<p>20 9am-11am: Computer 104 Class 12pm-1:30pm: What's Happening Seniors 4pm-5pm: English Conversation Group 6pm -7pm: Evening Book Club</p>	<p>21</p>	<p>22 10am-11am: English Conversation Group</p>	<p>23 9am-1pm: VITA</p> 	
<p>24/31 1:30pm-5pm: VITA</p> 	<p>25</p>	<p>26</p> 	<p>27 4pm-5pm: English Conversation Group 6pm-8pm: WSFOL Monthly Meeting</p>	<p>28 6pm-7:30pm: Agua Frescas: Plant Night</p>	<p>29 10am-11am: English Conversation Group 4pm-5pm: Tai Chi & Qigong Part XXXVIII</p>	<p>30 9am-1pm: VITA</p> 	



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SPECIAL PROGRAMS

Women's History Month: Join us to honor women who have shaped America's history and its future through their tireless commitment to ending discrimination against women and girls. Check out our book display.

West Sacramento VITA: Every Saturday and Sunday starting February 2nd through April 14th come and get help in preparing your 2018 Income Tax for FREE at the Library. This service is provided by the West Sacramento VITA group.

ONGOING PROGRAMS

Aguas Frescas Plant Night: Come and drink some aguas frescas (Spanish for cool waters) while creating your own succulent garden. Materials provided.

Computer 104 Class: Adults will learn how to search online in this free basic computer class. Practice looking for jobs, apartments, shopping online, and getting directions in a low stress group environment. Computers will be provided. Registration required as space is limited.

English Conversation Group: Join us in conversing and improving your English in a fun and relaxed way with the aid of a group facilitator. No registration is required. Drop-in visitors always welcome.

Evening Book Club: Come see old friends and meet new ones for a lively discussion. Books are collected and distributed at the meeting. This month's reading selection will be "The Weight of Ink" by Rachel Kadish. Please contact Cindy at (916) 731-5504 for more information.

Sunday Movie Matinee for Adults: Join us for a PG-13 or rated R movie shown on our giant screen, with free popcorn! For ages 18+ only. Brought to with the generous support of the West Sacramento Friends of the Library. This month we will watch **Thelma and Louise!**

Tai Chi & Qigong Part XXXVIII: Learn a series of movements and breathing exercises for general wellness, stress relief, physical balance, flexibility and fall prevention. Beginners welcome! Remember to wear loose, comfortable clothes.

What's Happening Seniors? Want to get together with interesting, active seniors to make new friends, share stories, learn from one another, and find out What's Happening in West Sacramento and beyond?

WSFOL Monthly Meeting: The WSFOL meets the last Wednesday of the month. WSFOL is a non-profit 501(c)(3) organization dedicated to serving the West Sacramento community supporting library programs and services. WSFOL is always recruiting for new friends.

NO RESERVATION REQUIRED. Sponsored by the West Sacramento Friends of the Library. You may request reasonable accommodations 5 days in advance by calling (916) 375 - 6465. Connect with us on Facebook and at yolocountylibrary.org.

